



Science and Research Branch

Date:

No:

Student Wellbeing Survey



Date:

No:

Overview

As the HEP Home, the Islamic Azad University Science and Research Branch (ISRB) ran a Student Wellbeing Survey in December 2021.

The survey reflected on the students' learning, self-esteem, perception, education and wellbeing experiences at the HEP Branch and the HEP Home. The survey results are encouraging. In general, students are satisfied with the well-being levels remaining stable.

HEP Branch offers student support services through the academic registration and education office. Students are always welcome to use the services relating to learning needs, counselling, and financial problems.

Nevertheless, against a backdrop of increasing global concern for students' mental health and wellbeing over the last few years (due to COVID-19), we also expected to see evidence of a negative impact during this unprecedented challenge for the education sector.

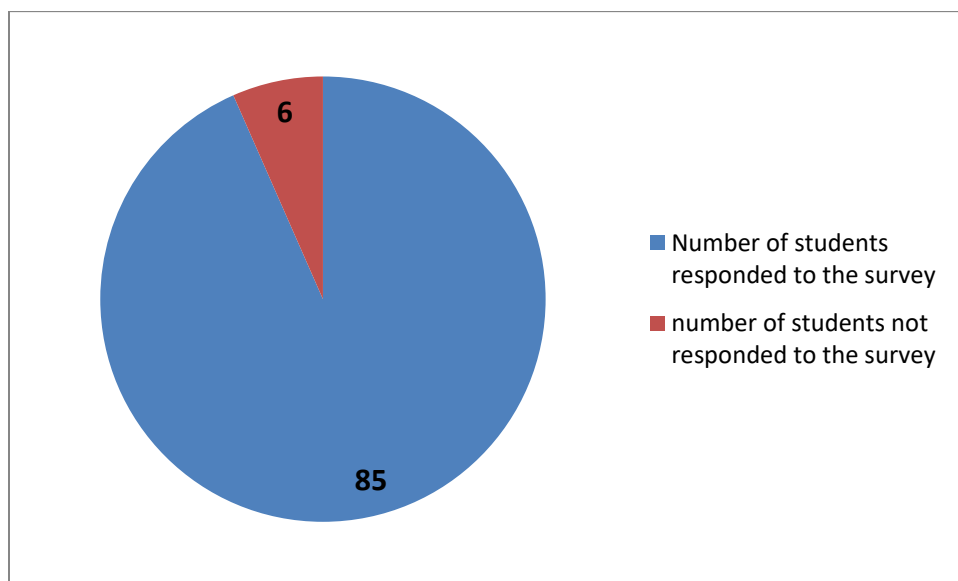


Date:

No:

HEP Branch	
Total number of students	91
The number of students who responded to the survey	85
The number of students who did not respond to the survey	6

HEP Home (ISRB)	
Total number of students	3489 ²
The number of students who responded to the survey	85
The number of students who did not respond to the survey	N/A



Note: Questions 3, 12, and 13 were modified to reflect ISR Branch for the HEP Home students.

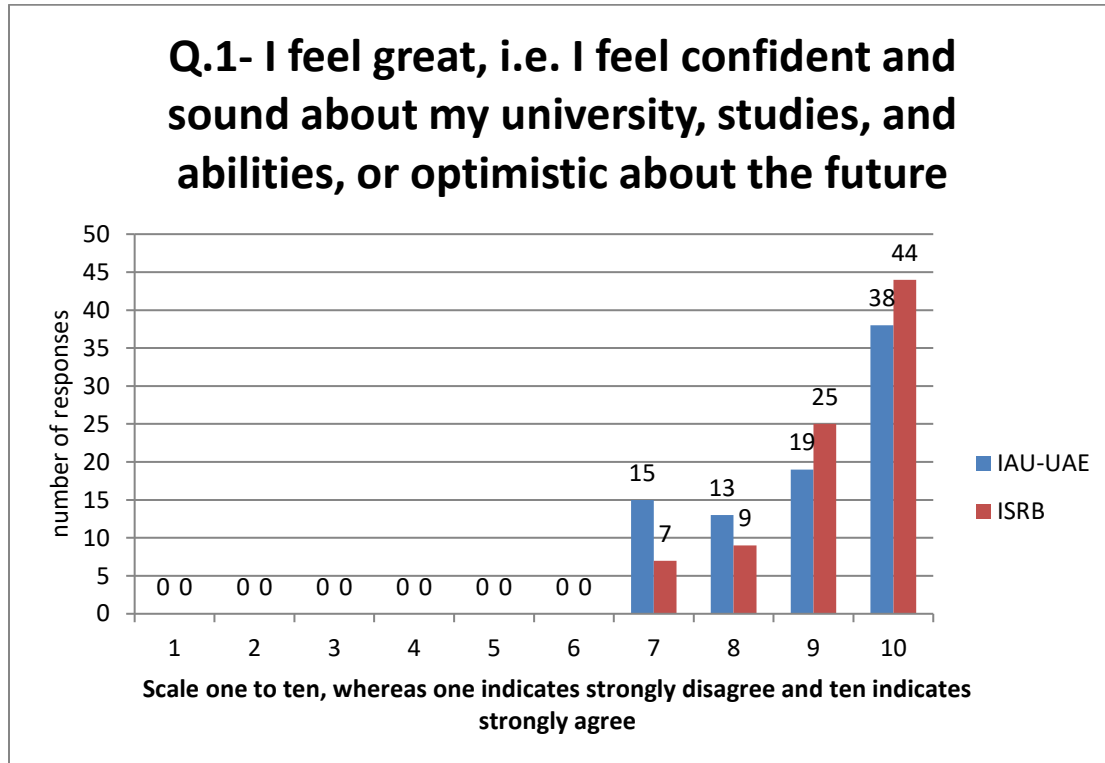
² For the report to be statistically comparable, the responses from HEP Home (ISRB'S) students have been randomly chosen and reduced to 85.



Date:

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The Survey Result



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%



Date:

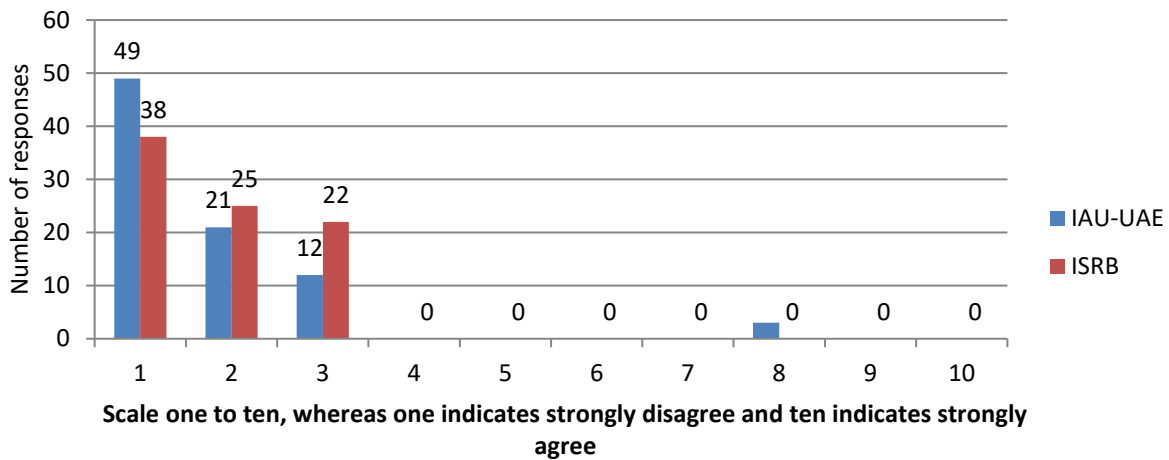
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Neutral	5	0	0	0%	0%	0%	0%
	6	0	0	0%	0%	0%	0%
	7	15	10	18%	8%	16%	8%
	8	13	9	15%	11%	14%	10%
	9	19	25	22%	29%	21%	27%
Strongly Agree	10	38	44	45%	52%	42%	48%

The table above indicates that most students from the HEP Branch who participated in the survey feel confident about the IAU, their studies, and their skill development. More in-depth, 38 out of 85 and 19 out of 85 students strongly agreed to this factor. On the other hand, 15 students out of 85 and 13 out 85 only agree to this factor. The results from the HEP Home students follow 10 out of 85 students, and 9 out of 85 students agree to this factor. Furthermore, 25 students out of 85 and 44 students out of 85 strongly agree with this factor.



Q.2- In general, I have the feeling that I have got low self-esteem in doing group work activities with other peers



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	49	38	58%	45%	54%	42%
	2	21	25	25%	29%	23%	27%
	3	12	22	14%	26%	13%	24%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	0	0%	0%	0%	0%
	6	0	0	0%	0%	0%	0%
	7	0	0	0%	0%	0%	0%
	8	3	0	4%	0%	3%	0%
	9	0	0	0%	0%	0%	0%
Strongly Agree	10	38	44	0%	0%	0%	0%



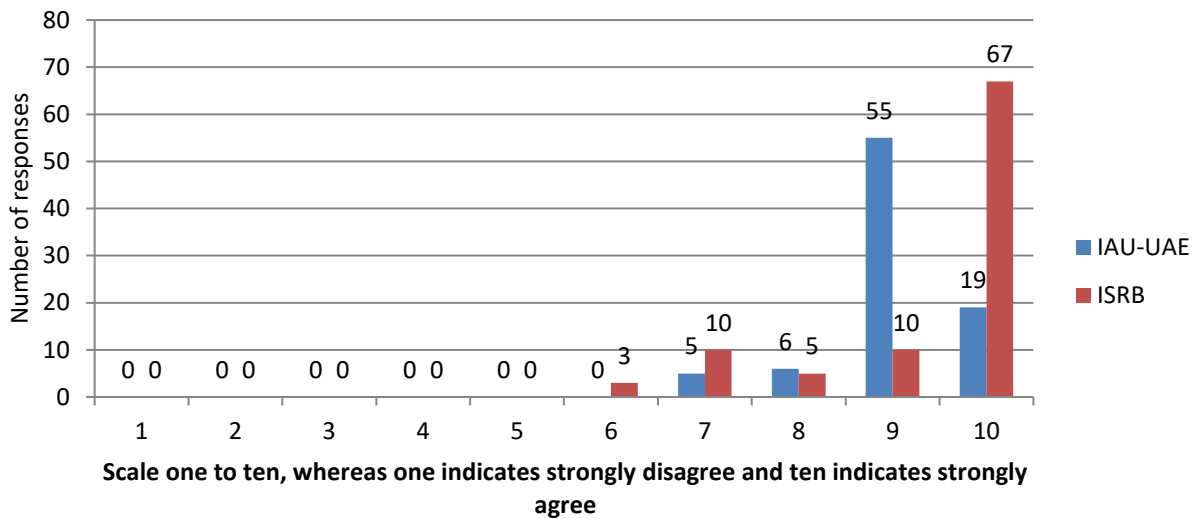
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The table above indicates that most HEP Branch students who participated in the survey feel that they do not have low self-esteem and are confident in group work. 49 students out of 85, and 21 out of 85 students strongly disagreed, 12 students out of 85 disagreed with this factor. On the other hand, three students out of 85 only agree to this factor. The results from the HEP Home students follow that 38 out of 85 students and 25 out of 85 students strongly disagree with this factor. Furthermore, 22 students out of 85 disagree with this factor.



Q.3- On a scale of one to ten, overall, how happy would you say you are with Islamic Azad University UAE branch?



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	0	0%	0%	0%	0%
	6	0	3	0%	4%	0%	3%
	7	5	10	6%	12%	5%	11%
	8	6	5	7%	6%	7%	5%
	9	55	10	65%	12%	60%	11%
Strongly Agree	10	19	67	22%	79%	21%	74%



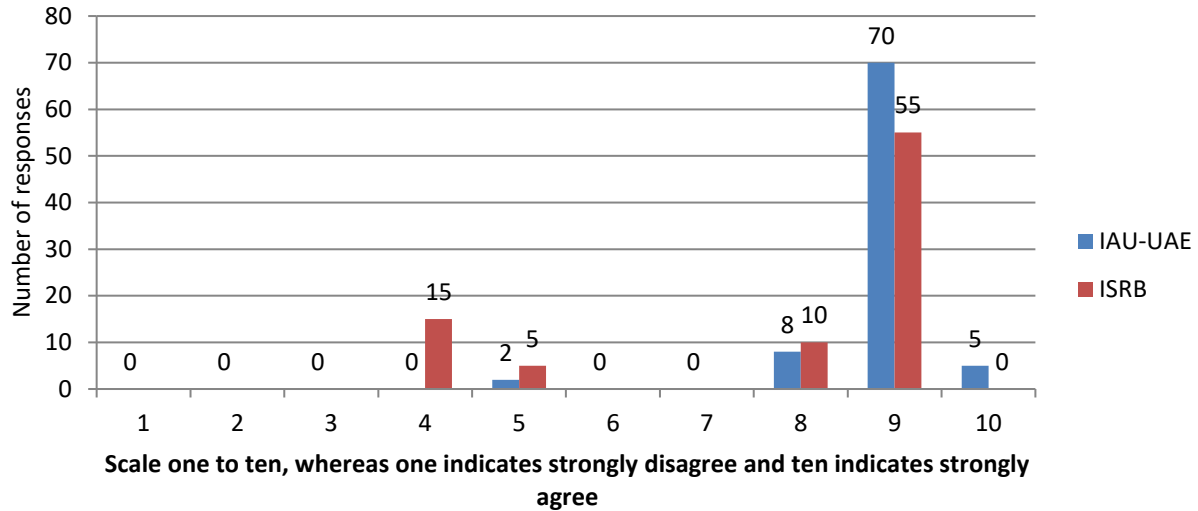
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The table above indicates that most HEP Branch students who participated in the survey are happy with the university. 55 students out of 85, and 19 out of 85 students strongly agreed to this factor. On the other hand, five students out of 85 and 6 out 85 only agree to this factor. The results from HEP Home students showed that 3 out of 85 students feel almost neutral. 10 out of 85 students and 5 out of 85 students agree to this factor. Furthermore, ten students out of 85 and 67 students out of 85 strongly agree with this factor.



Q.4- I feel good about my associations and relationships (for instance: my lecturers, classmates, and friends)



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	15	0%	18%	0%	16%
Neutral	5	2	5	2%	6%	2%	5%
	6	0	0	0%	0%	0%	0%
	7	0	0	0%	0%	0%	0%
	8	8	10	9%	12%	9%	11%
	9	70	55	82%	65%	77%	60%



Date:

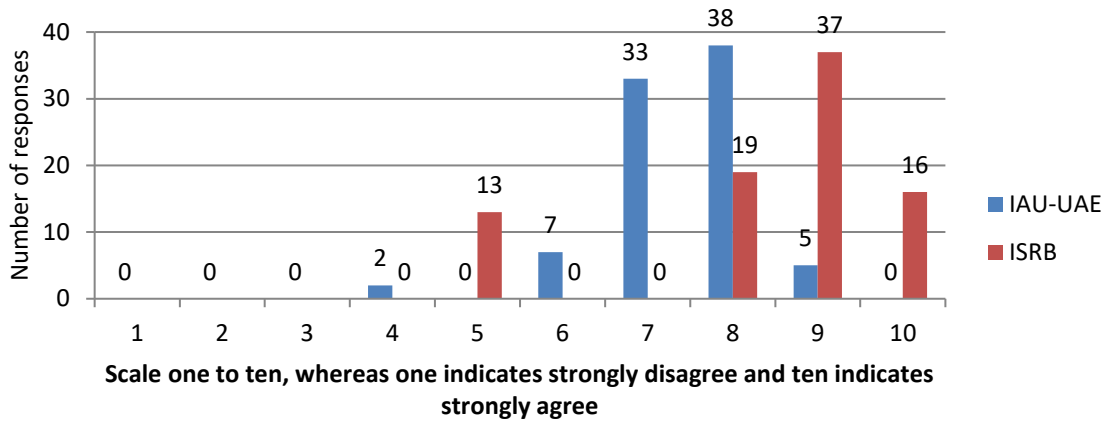
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Strongly Agree	10	5	0	6%	0%	5%	0%
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The table above indicates that most HEP Branch students who participated in the survey feel they have a good relationship with others. More in-depth, 70 students out of 85, 5 out of 85 students strongly agreed, and eight students out of 85 agree to this factor. On the other hand, 2 out of 85 only feel neutral to this factor. The results from the HEP Home students showed that 5 out of 85 students feel neutral to this factor, 10 out of 85 students, and 55 out of 85 students strongly agree to this factor.



Q.5- There is a designated area where I can relax and rest at the university premises when I need to.



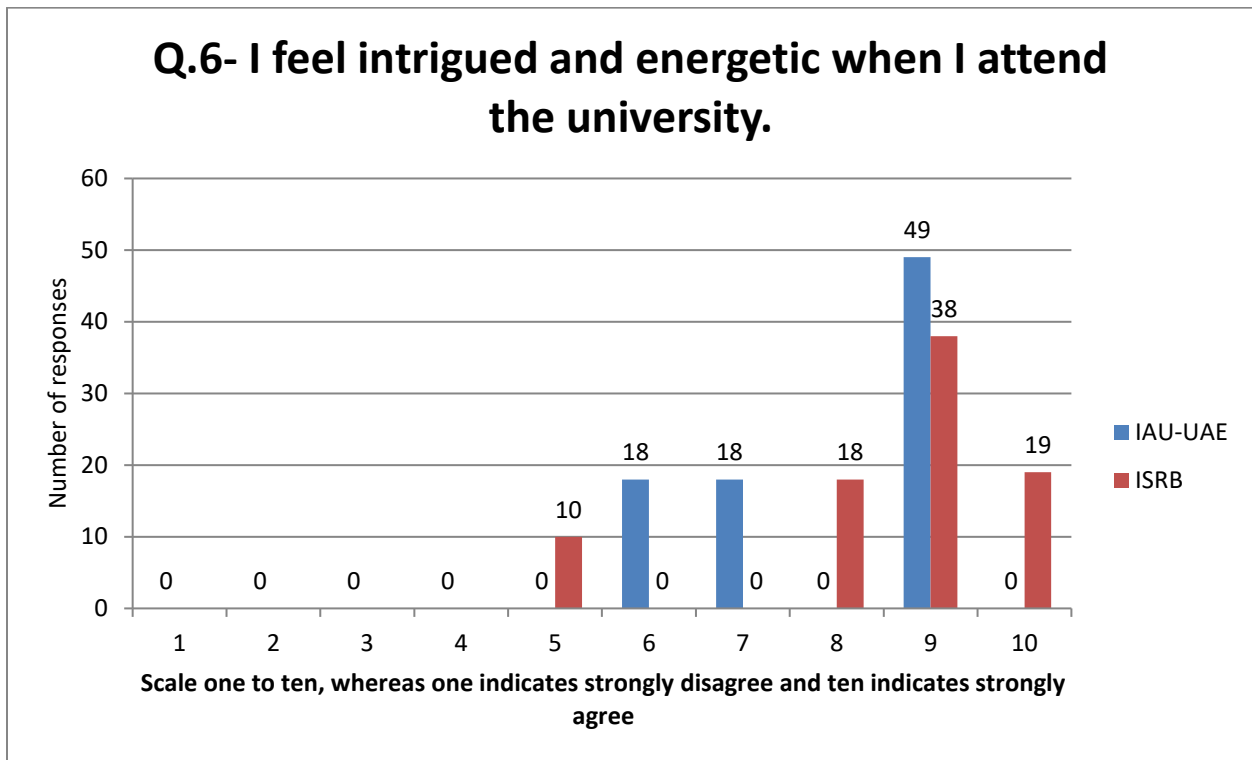
Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
Strongly Disagree	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	2	0	2%	0%	2%	0%
Neutral	5	0	13	0%	15%	0%	14%
	6	7	0	8%	0%	8%	0%
	7	33	0	39%	0%	36%	0%
	8	38	19	45%	22%	42%	21%
Strongly Agree	9	5	37	6%	44%	5%	41%
	10	0	16	0%	19%	0%	18%



Date:

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The table above indicates that most HEP Branch students who participated in the survey feel all right with the IAU-UAE premise. More in-depth, 38 students out of 85, and 33 out of 85 students agreed, and seven students out of 85 feel almost neutral about the designated area of IAU- UAE branch premise. On the other hand, two out of 85 only disagree with this factor. The HEP Home students' results Furthermore, 37 out of 85 and 16 students out of 85 strongly agree with this factor.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	10	0%	12%	0%	11%
	6	18	0	21%	0%	20%	0%
	7	18	0	21%	0%	20%	0%
	8	0	18	0%	21%	0%	20%
	9	49	38	58%	45%	54%	42%

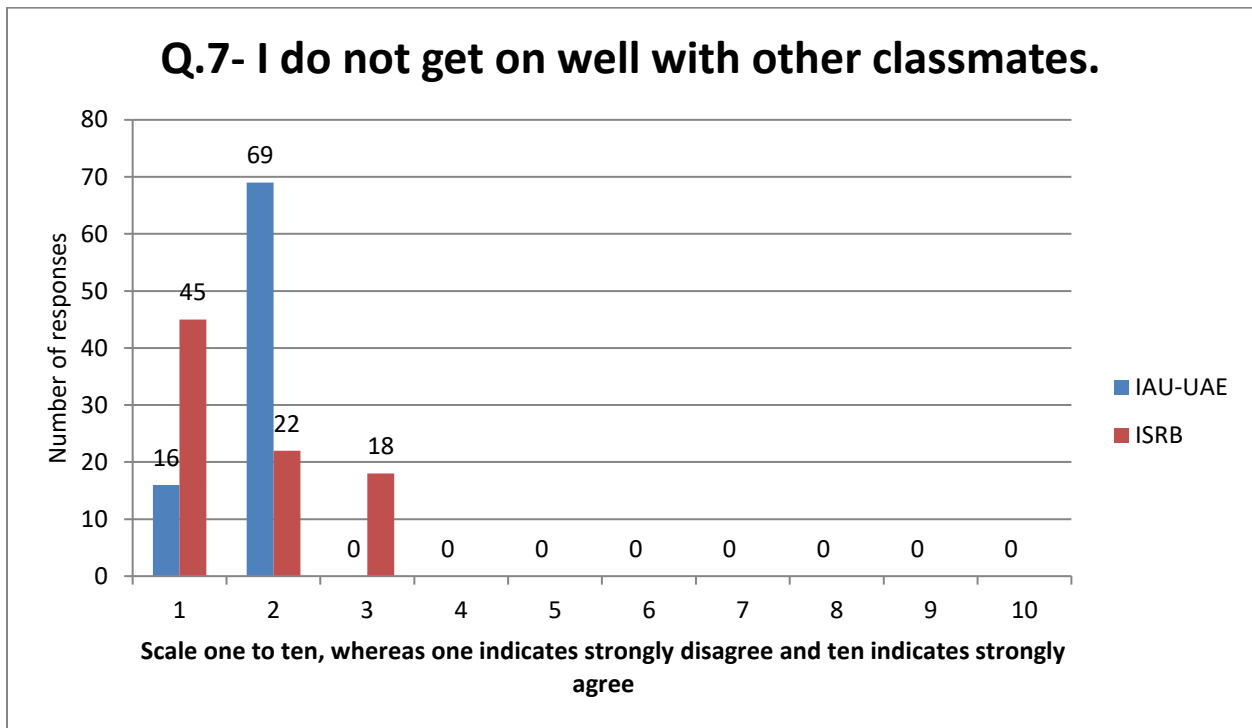


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Strongly Agree	10	0	19	0%	22%	0%	21%
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The table above indicates that most HEP Branch students who participated in the survey feel intrigued and energised. More in-depth, 49 students out of 85 strongly agreed to this factor. Moreover, 18 out of 85 agree with this factor. On the other hand, 18 out of 85 feel neutral to this factor. The results from the HEP Home students showed that 10 out of 85 students feel neutral to this factor, 18 out of 85 students agree. Furthermore, 38 students out of 85 and 19 students out of 85 strongly agree with this factor.



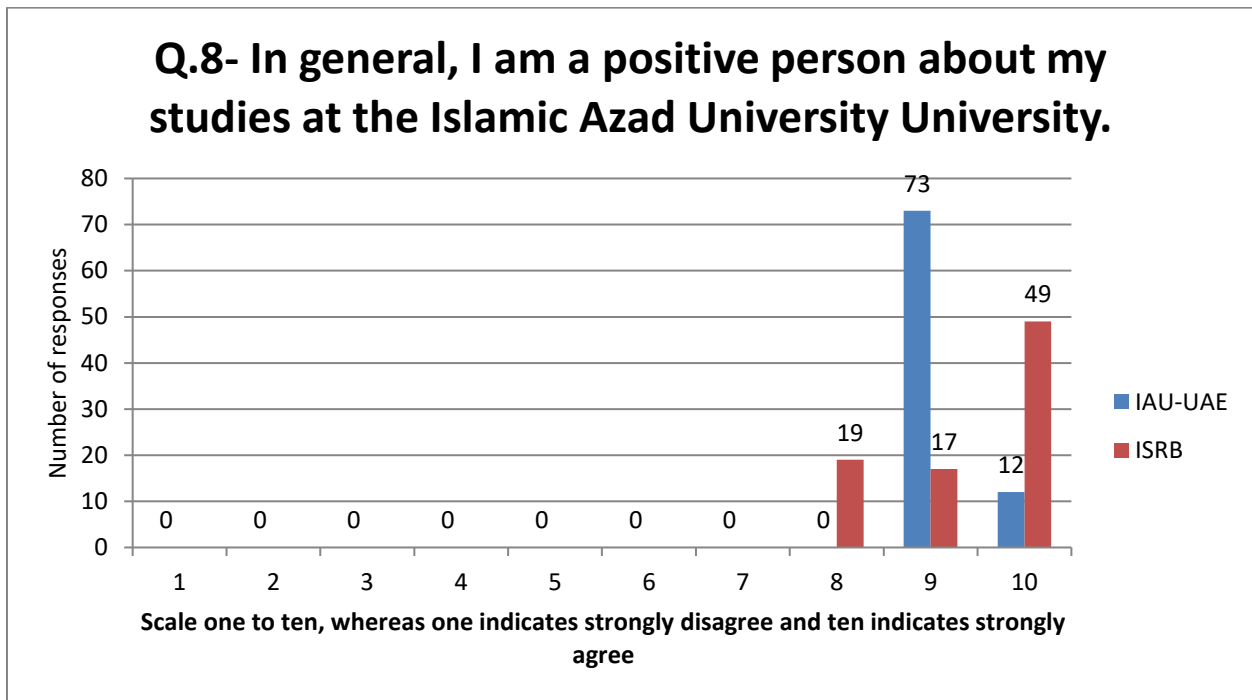
Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	16	45	19%	53%	18%	49%
	2	69	22	81%	26%	76%	24%
	3	0	18	0%	21%	0%	20%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	0	0%	0%	0%	0%
	6	0	0	0%	0%	0%	0%
	7	0	0	0%	0%	0%	0%
	8	0	0	0%	0%	0%	0%
	9	0	0	0%	0%	0%	0%
Strongly Agree	10	0	0	0%	0%	0%	0%



Date:

No:

The table above indicates that most HEP Branch students who participated in the survey get well with other classmates. More in-depth, 69 students out of 85 and 16 out of 85 strongly disagreed with this factor. The results from Hep Home students follow that 45 out of 85 students and 22 out of 85 students strongly disagree with this factor. Furthermore, 18 students out of 85 disagree with this factor.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	0	0%	0%	0%	0%
	6	0	0	0%	0%	0%	0%
	7	0	0	0%	0%	0%	0%
	8	0	19	0%	22%	0%	21%



Date:

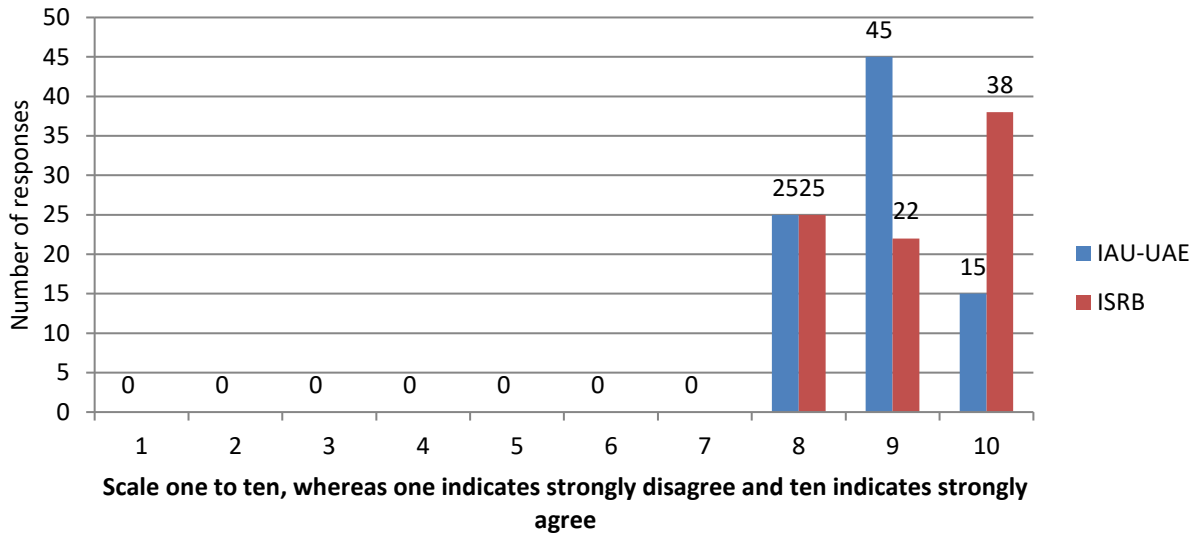
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	9	73	17	86%	20%	80%	19%
Strongly Agree	10	12	49	14%	58%	13%	54%

The table above indicates that most HEP Branch students who participated in the survey feel optimistic about their studies. More in-depth, 73 out of 85 and 12 out of 85 students strongly agreed to this factor. The results from Hep Home students showed that 19 out of 85 students agree with this factor. Furthermore, 17 students out of 85 and 49 students out of 85 strongly agree with this factor.



Q.9- In general, I have an optimistic mindset about my future career after graduation.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	0	0%	0%	0%	0%
	6	0	0	0%	0%	0%	0%
	7	0	0	0%	0%	0%	0%
	8	25	25	29%	29%	27%	27%
	9	45	22	53%	26%	49%	24%

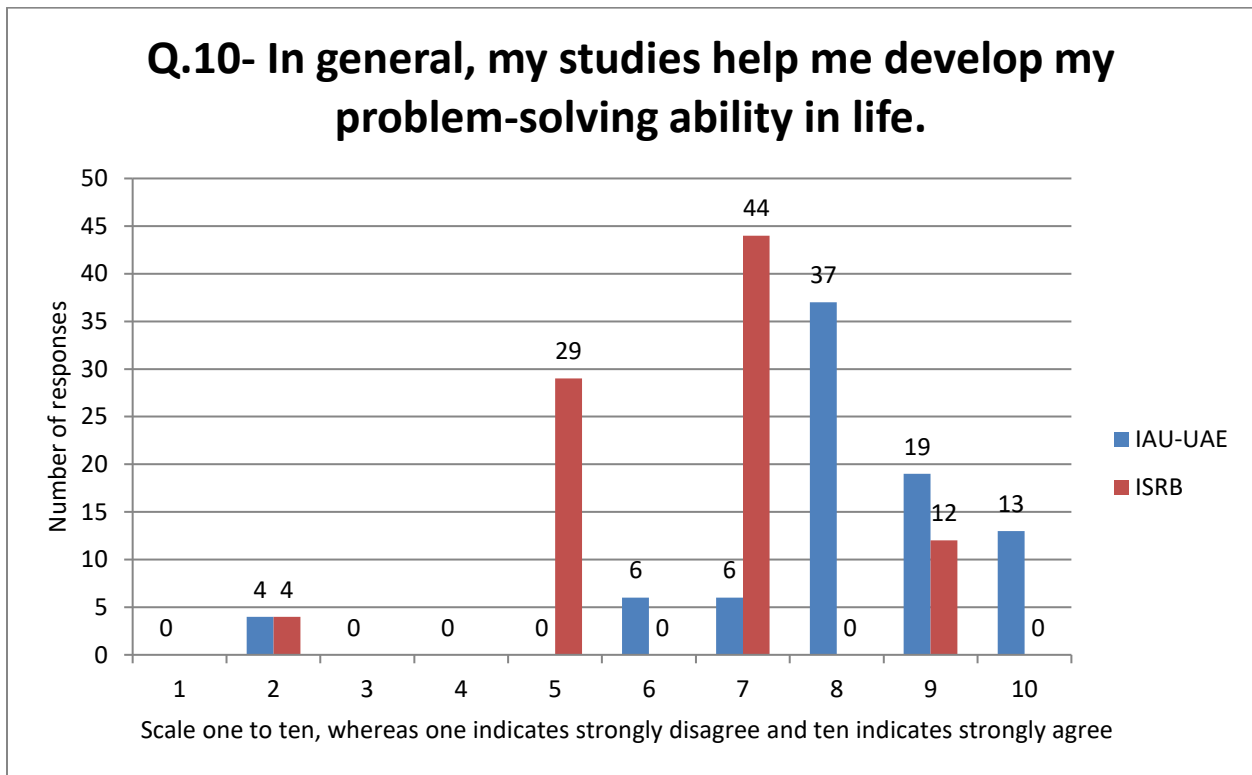


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No:

Strongly Agree	10	15	38	18%	45%	16%	42%
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The table above indicates that most HEP Branch students who participated in the survey feel optimistic. More in-depth, 15 students out of 85, 45 out of 85 students strongly agreed, and 25 students out of 85 feel agreed to this factor. The results from the HRP Home students showed that 25 out of 85 students agree with this factor. Furthermore 22 students out of 85 and 38 students out of 85 strongly agree with this factor.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	4	0	5%	5%	4%	4%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	29	0%	34%	0%	32%
	6	6	0	7%	0%	7%	0%
	7	6	44	7%	52%	7%	48%
	8	37	0	44%	0%	41%	0%
	9	19	12	22%	14%	21%	13%

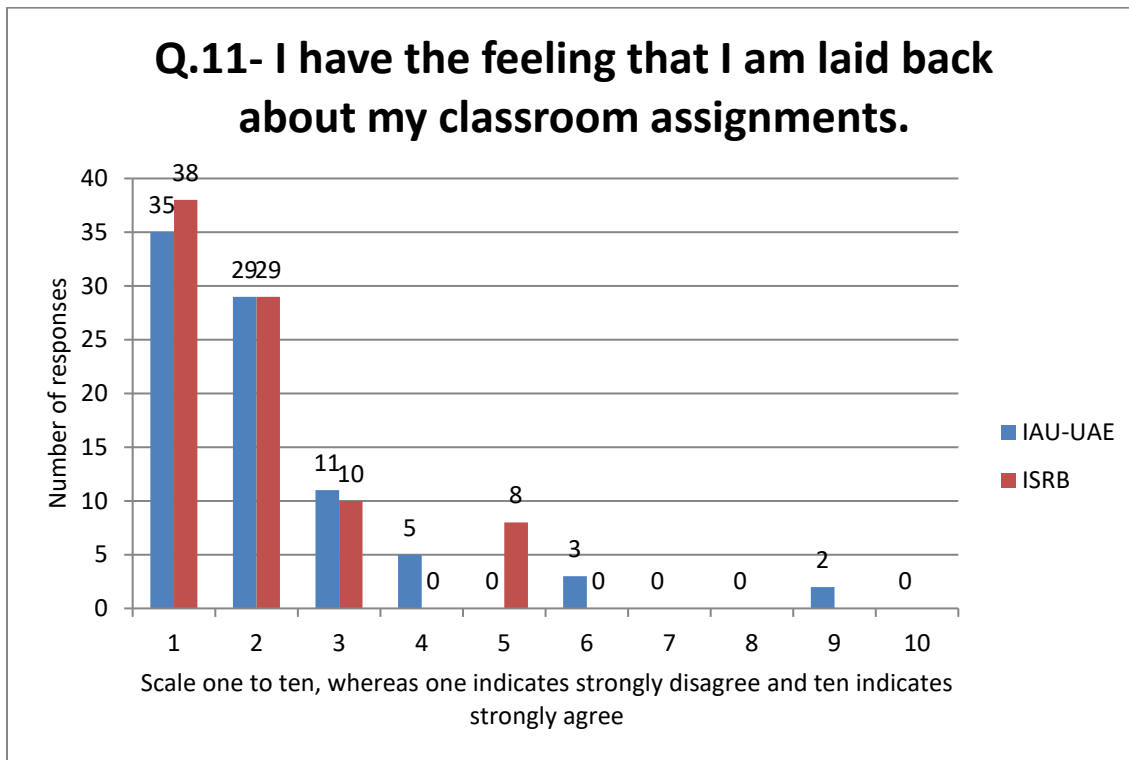


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Strongly Agree	10	13	0	15%	0%	14%	0%
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The table above indicates that most HEP Branch students who participated in the survey agree that their studies improved their problem-solving ability. More in-depth, 37 students out of 85, and 6 out of 85 agreed to this factor. 19 students out of 85, and 13 out of 85 strongly agreed to this factor. Moreover, six students out of 85 feel almost neutral about this factor. On the other hand, four out of 85 disagree with this factor. The results from the HEP Home students showed that 29 out of 85 students feel neutral to this factor, 44 out of 85 students agree to this factor. Furthermore, 12 students out of 85 strongly agree with this factor.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	35	38	41%	45%	38%	42%
	2	29	29	34%	34%	32%	32%
	3	11	10	13%	12%	12%	11%
	4	5	0	6%	0%	5%	0%
Neutral	5	0	8	0%	9%	0%	9%
	6	3	0	4%	0%	3%	0%
	7	0	0	0%	0%	0%	0%
	8	0	0	0%	0%	0%	0%
	9	2	0	2%	0%	2%	0%



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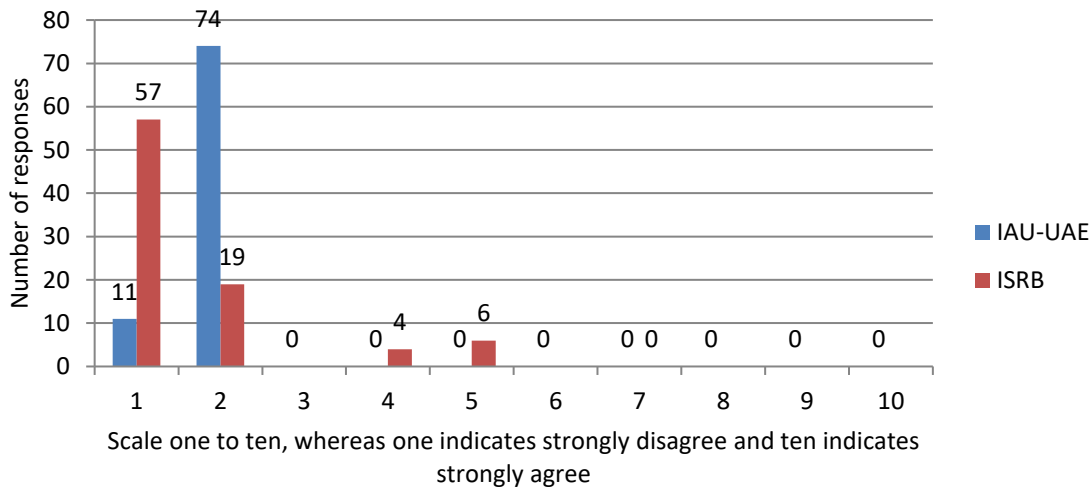
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Strongly Agree	10	0	0	0%	0%	0%	0%
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The table above indicates that most HEP Branch students who participated in the survey feel they are not easy-going about their assessments. 35 out of 85 students, and 29 out of 85 strongly disagreed. 11 students out of 85 feel, and five out 85 disagreed with this factor. Moreover, three students out of 85 almost feel neutral. On the other hand, two out of 85 only strongly agree with this factor. The HEP Home students' results are as follows: 8 out of 85 students feel neutral to this factor, and 10 out of 85 students disagree. Furthermore, 29 students out of 85 and 38 students out of 85 strongly disagree with this factor.



Q.12- I feel I am not interested in continuing my studies at the Islamic Azad University (UAE Branch).



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	11	57	13%	67%	12%	63%
	2	74	19	87%	22%	81%	21%
	3	0	0	0%	0%	0%	0%
	4	0	4	0%	5%	0%	4%
Neutral	5	0	6	0%	7%	0%	7%
	6	0	0	0%	0%	0%	0%
	7	0	0	0%	0%	0%	0%
	8	0	0	0%	0%	0%	0%
	9	0	0	0%	0%	0%	0%
Strongly Agree	10	0	0	0%	0%	0%	0%



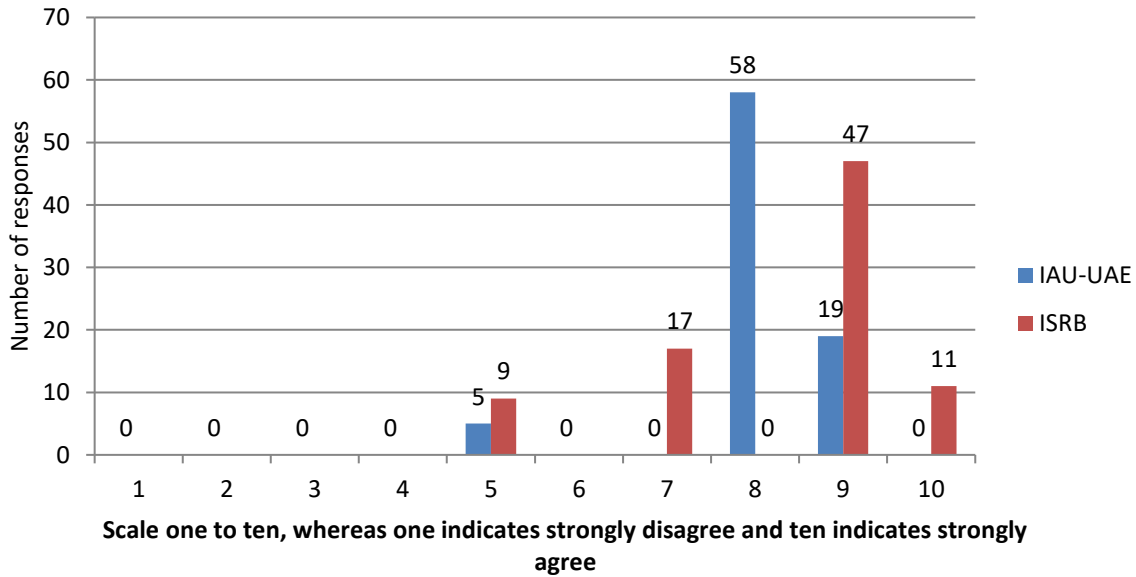
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The table above indicates that most HEP Branch students who participated in the survey are interested in continuing their studies at the IAU UAE. More in-depth, 74 out of 85 and 11 out of 85 students strongly agreed that they are interested in the IAU-UAE branch. The results from the HEP Home students showed that 6 out of 85 students feel neutral, 4 out of 85 students feel almost neutral to this factor. Furthermore, 57 out of 85 and 19 students out of 85 strongly disagree with this factor.



Q.13- I assume the IAU provides me with the social support I may require during my studies.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	5	9	6%	11%	5%	10%
	6	0	0	0%	0%	0%	0%
	7	0	17	0%	20%	0%	19%
	8	58	0	68%	0%	64%	0%
	9	19	47	22%	55%	21%	52%

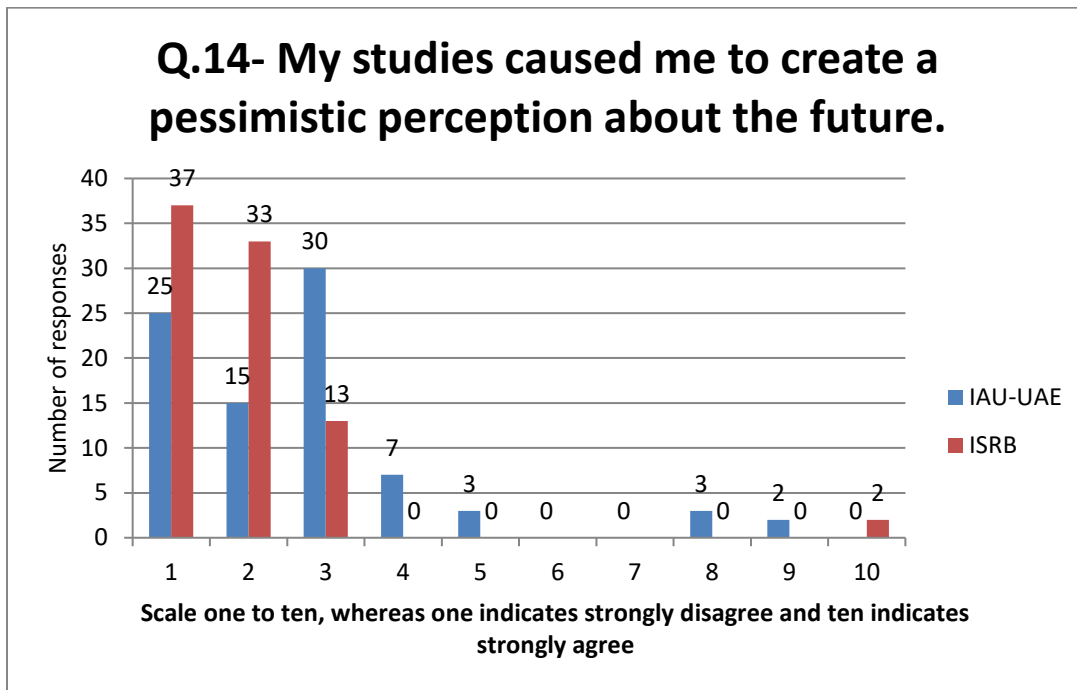


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Strongly Agree	10	0	11	0%	13%	0%	12%
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The table above indicates that most HEP Branch students who participated in the survey believe that IAU-UAE provides them with the social support they need. 19 students out of 85 strongly agree to this factor, and 58 students out of 85 agreed that they receive sufficient social support. Furthermore, only 5 out of 85 students feel neutral about this factor. The results from the HEP Home students showed that 9 out of 85 students feel neutral to this factor, 17 out of 85 students agree. Furthermore, 47 out of 85 and 11 students out 85 strongly agree to the HEP Home providing them with the social support they need.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	25	37	29%	44%	27%	41%
	2	15	33	18%	39%	16%	36%
	3	30	13	35%	15%	33%	14%
	4	7	0	8%	0%	8%	0%
Neutral	5	3	0	4%	0%	3%	0%
	6	0	0	0%	0%	0%	0%
	7	0	0	0%	0%	0%	0%
	8	3	0	4%	0%	3%	0%
	9	2	0	2%	0%	2%	0%
Strongly Agree	10	0	2	0%	2%	0%	2%



Date:

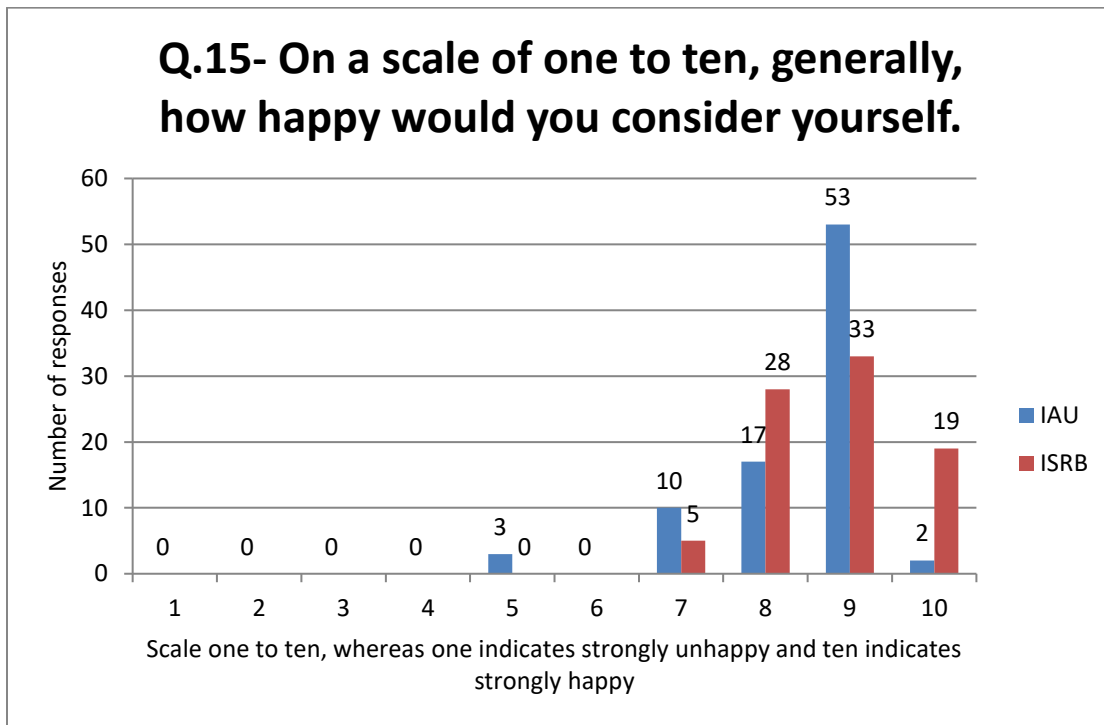
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The table above indicates that most HEP Branch students who participated in the survey feel optimistic about their future. 25 students out of 85, 15 out of 85 students strongly disagreed, 30 students out of 85 disagreed, and seven students out of 85 feel almost neutral; furthermore, 3 out of 85 feel neutral about this factor. On the other hand, three out of 85 only disagreed, and two students out of 85 agreed to this factor. The results from the HEP Home students showed that 13 out of 85 students disagreed with this factor. Furthermore, 33 out of 85 and 37 students out of 85 strongly disagree with this factor. On the other hand, only 2 out of 85 students strongly agree with this factor.



Date:

No:



Strongly unhappy	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	3	0	4%	0%	3%	0%
	6	0	0	0%	0%	0%	0%
	7	10	5	12%	6%	11%	5%
	8	17	28	20%	33%	19%	31%
	9	53	33	62%	39%	58%	36%
Strongly happy	10	2	19	2%	22%	2%	21%



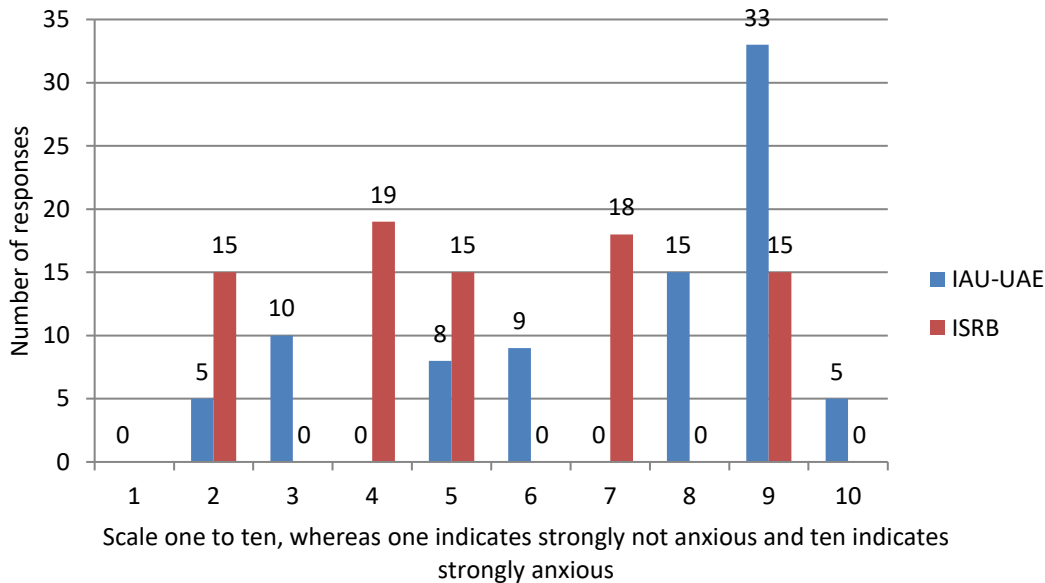
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The table above indicates that most HEP Branch students who participated in the survey are happy. 53 out of 85 students, and 2 out of 85 students were pleased, along with 17 students out of 85, and 10 out of 85 students agreed that they were happy. On the other hand, three out of 85 only feel neutral. The results from the HEP Home students showed that 5 out of 85 students and 28 out of 85 students are moderately happy. Furthermore, 33 students out of 85 and 19 students out of 85 were thrilled.



Q.16- On a scale of one to ten, generally, how anxious would you consider yourself.



Strongly not anxious	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	0	0	0%	0%	0%	0%
	2	5	15	6%	18%	5%	16%
	3	10	0	12%	0%	11%	0%
	4	0	19	0%	22%	0%	21%
Neutral	5	8	15	9%	18%	9%	16%
	6	9	0	11%	0%	10%	0%
	7	0	18	0%	21%	0%	20%
	8	15	0	18%	0%	16%	0%



Date:

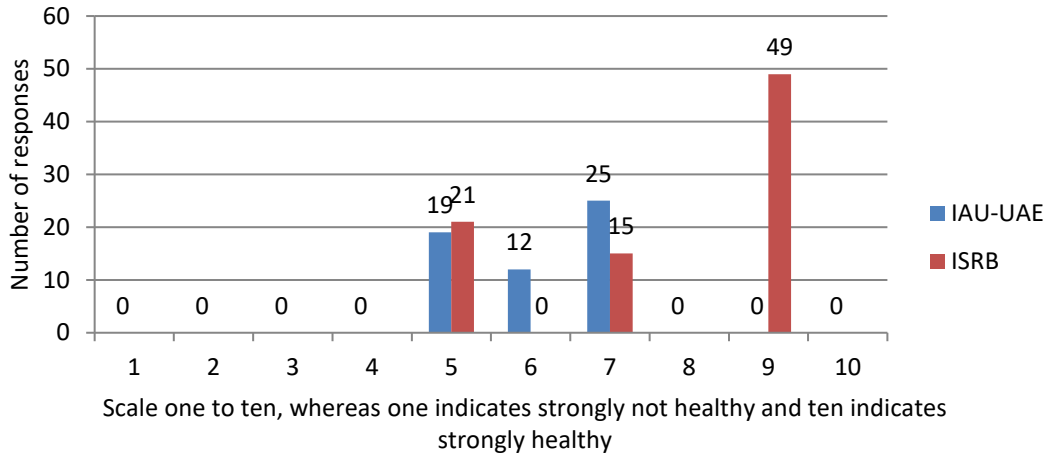
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	9	33	15	39%	18%	36%	16%
Strongly anxious	10	5	0	6%	0%	5%	0%

The table above indicates the anxiety levels of the HEP Branch students who participated in the survey. 33 students out of 85, 5 out of 85 students showed a high level of anxiety, and 15 students out of 85 felt anxious. Along with 9 out of 85 students, 8 out of 85 students feel a medium level of anxiety. On the other hand, ten out of 85 and 5 out of 85 only show a low level of anxiety. The HEP Home students' results are as follows: 15 out of 85 students feel low anxiety levels. 19 students out of 85, and 15 students out of 85 show a medium level of anxiety. Furthermore, 18 out of 85 students feel anxious, and 15 out of 85 feel anxious.



Q.17- IAU can improve my physical health and well being by offering sports facilities on campus.



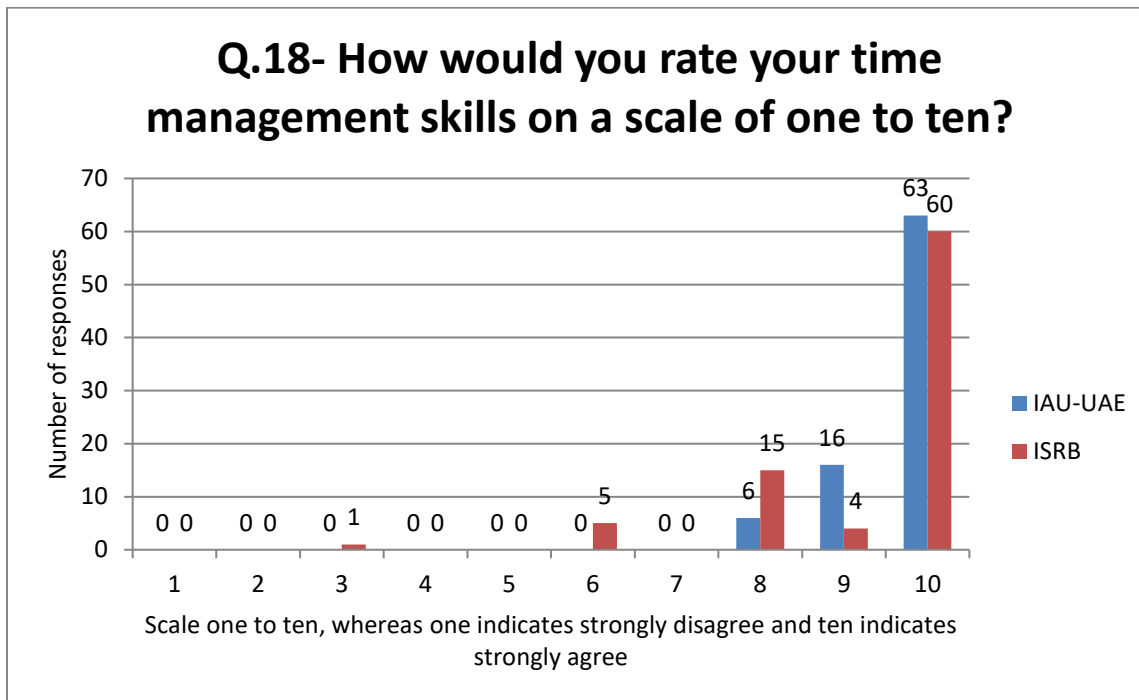
Strongly unhealthy	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
Strongly unhealthy	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	5%	0%
	3	0	0	0%	0%	11%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	19	21	22%	25%	9%	23%
	6	12	0	14%	0%	10%	0%
Neutral	7	25	15	29%	18%	0%	16%
	8	0	0	0%	0%	16%	0%
	9	0	49	0%	58%	36%	54%
Strongly healthy	10	0	0	0%	0%	5%	0%



Date:

No:

The table above indicates that most HEP Branch students who participated in the survey feel neutral about University enhancing their physical health. 19 students out of 85 feel neutral about this factor. Twelve out of 85 students feel almost neutral about this factor. On the other hand, 25 out of 85 agree with this factor. The results from the HEP Home showed that 21 out of 85 students feel neutral to this factor, 15 out of 85 students agree. Furthermore, 49 students out of 85 strongly agree with this factor.



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
Strongly Disagree	1	0	0	0%	0%	0%	0%
	2	0	0	0%	0%	0%	0%
	3	0	1	0%	1%	0%	1%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	0	0%	0%	0%	0%
Strongly Agree	6	0	5	0%	6%	0%	5%
	7	0	0	0%	0%	0%	0%
	8	6	15	7%	18%	7%	16%
	9	16	4	19%	5%	18%	4%
Strongly Agree	10	63	60	74%	71%	69%	66%



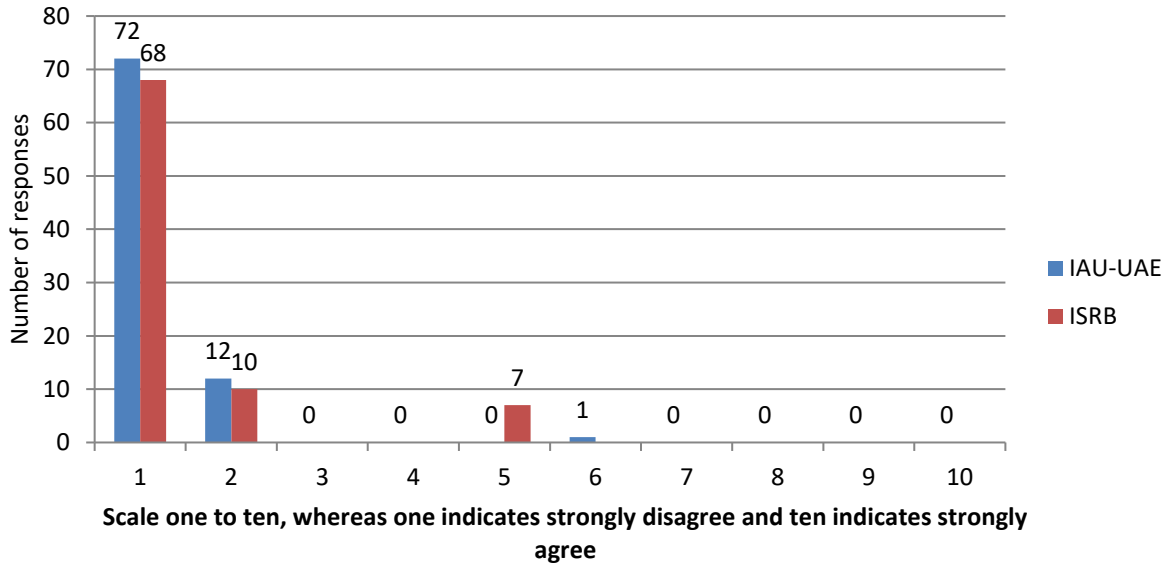
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The table above indicates that most HEP Branch students who participated in the survey feel confident in their time management skills. 63 out of 85 students strongly feel confident in their skills. Sixteen out of 85 students and 6 out of 85 students agreed to this factor. The results from the HEP Home students showed that 5 out of 85 students feel almost neutral to this factor, 15 out of 85 students agree. Furthermore, 4 out of 85 and 60 students out of 85 strongly agree with this factor.



Q.19- Would you say you are dissatisfied with your academic decisions? (e.g. dissatisfied with the university, your program, etc.)



Strongly Disagree	Scale	Student's responses		Percentage		Valid percent	
		IAU-UAE	ISRB	IAU-UAE	ISRB	IAU-UAE	ISRB
	1	72	68	85%	80%	79%	75%
	2	12	10	14%	12%	13%	11%
	3	0	0	0%	0%	0%	0%
	4	0	0	0%	0%	0%	0%
Neutral	5	0	7	0%	8%	0%	8%
	6	1	0	1%	0%	1%	0%
	7	0	0	0%	0%	0%	0%
	8	0	0	0%	0%	0%	0%
	9	0	0	0%	0%	0%	0%



Date:

No:

Strongly Agree	10	0	0	0%	0%	0%	0%
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The table above indicates that most HEP Branch students who participated in the survey feel satisfied with their academic decisions. 72 students out of 85 strongly disagreed with dissatisfaction, and 12 out of 85 students disagreed with this factor. The results from the HEP Home students follow 68 out of 85, and 10 out of 85 students strongly disagree with this factor. Furthermore, seven students out of 85 feel neutral to this factor.



Date:

No:

Findings and Recommendations

- The findings generally ensure consistency between the HEP Branch and the HEP Home students' well-being.
- A summary of these findings should be discussed at the senior level and disseminated to students and staff on the HEP Branch website.
- The HEP Branch should develop a form for the lecturers to identify the students with special needs, determinations and pre-existing mental health conditions. This should happen during the first two to three weeks of the semester and report to the academic registration office to plan accordingly.
- Given the low numbers of students at the HEP Branch, students may perceive a sense of isolation. Therefore, opportunities for social connection should be resourced and prioritised in the academic year 2021-2022.
- HEP Branch should continue offering quality education and a valuable setting to ensure students' wellbeing. The students' number could represent a challenge for the university stakeholders. We advise the KHDA to revisit the HEP Branch programs' status to recruit students.